



BE SAFE 4ANNA

4 WATER SAFETY TIPS



1

ALWAYS BE WITHIN ARMS REACH

KIDS: Ask before getting in the water and always swim with an adult.

TEENS: Assign an adult water guardian and always swim with a buddy.

ADULTS: Get in the water and always be within arms reach of your smaller child or be a water guardian for older children.



2

LEARN TO FLOAT

KIDS: Ask parents to sign you up for self rescue swim lessons so you can learn to float.

TEENS: Practice your floating skills every time you get in the water.

ADULTS: Research and sign up for self rescue swim lessons at 4anna.org.



3

WEAR LIFE JACKETS

KIDS: Always wear a life jacket when you are near open water (lakes, rivers, oceans).

TEENS: Always wear life jackets in open water, especially on boats and paddle boards. Learn more about teen water safety by visiting thelvproject.org.

ADULTS: Be sure life jackets are Coast Guard approved and NEVER use them for learning to swim purposes.



4

KNOW BEFORE YOU GO

KIDS: Always ask before you jump in the water and know the rules of safe play.

TEENS: Educate yourself on open water safety especially currents. Learn CPR.

ADULTS: Educate yourself on current water safety and always assess the water environment. Be sure to communicate safety rules with your child before playtime. Learn CPR.